

GET YOUR SH\*T TOGETHER: HOW TO STOP WORRYING ABOUT WHAT YOU SHOULD DO SO YOU CAN FINISH WHAT YOU NEED TO DO AND START DOING WHAT YOU WANT TO DO (A NO F\*CKS GIVEN GUIDE) by Sarah Knight  
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**Get Your Sh\*t Together: How to Stop Worrying About What You Should Do So You Can Finish What You Need to Do and Start Doing What You Want to Do (A No F\*cks Given Guide)** the no-f\*cks-given, no-holds-barred guide to living your best life Do you ever find yourself snowed under at the office, or even just glued to the couch, when you really want to leave on time (for once), get to the gym (at last), and finally start that fun project you're always putting off? You've re the no-f\*cks-given, no-holds-barred guide to living your best life Do you ever find yourself snowed under at the office, or even just glued to the couch, when you really want to leave on time (for once), get to the gym (at last), and finally start that fun project you're always putting off? You've really got to Get Your Sh\*t Together.

In The Life-Changing Magic of Not Giving a F\*ck, "anti-guru" Sarah knight liberated you from shame, guilt, and obligations. But what about all the sh\*t you do give a f\*ck about-like your career, health, relationships, and bank account? Now, Sarah's back with more hilarious advice to make life easier and better. Whether your dream is to quit your day job and buy a food truck, pay off your debt, or just spend more time with your cat, Sarah cuts through the bullsh\*t cycle of self-sabotage to show you how to be happy. You'll learn: Three simple tools for getting (and keeping) your sh\*t together The Power of Negative Thinking How to balance work and fun-and save money while you're at it Ways to manage anxiety And tons of other awesome sh\*t! Soon you'll be setting real goals, crushing them, and getting out the door for happy hour-every damn day. Praise for Sarah Knight "Genius." - Cosmopolitan "Self-help to swear by." - The Boston Globe "Hilarious [and] truly practical." - Booklist ...more Get Your Sh\*t Together: How to Stop Worrying About What You Should Do So You Can Finish What You Need to Do and Start Doing What You Want to Do (A No F\*cks Given Guide) PDF ebook

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